



**PRE-OPERATIVE PATIENT INSTRUCTIONS**

You have been scheduled for outpatient, elective foot surgery to be performed at: \_\_\_\_\_

You are scheduled for your procedure on Date: \_\_\_\_\_ Time: \_\_\_\_\_

Please report to the ambulatory registration area at least one hour before the scheduled time of surgery.

DO NOT eat or drink anything after AM/PM on the day of your surgery.

You may brush your teeth the morning of surgery but be careful not to swallow any water.

If your mouth and/or throat feel dry, you may gargle with warm water or mouthwash. DO NOT swallow any liquids or allow throat lozenges or candy to melt in your mouth.

DO NOT bring valuables or jewelry with you to the hospital.

If you wear contact lenses, you must bring the lens container with you on the day of your surgery. You will not be permitted to wear your contact lenses to the operating room.

Wear loose, comfortable clothing and low heeled shoes. Many patients have found athletic warm-up suits or sweats to work best,

All patients 18 years old and under must have a legally responsible adult accompany them to and from the Ambulatory Surgery Unit. All adult patients must have a responsible adult accompany them home after recovery from surgery.

Please have all prescribed medications filled prior to surgical date. These medications should be brought with you the day of your surgery. If you take any medications prescribed by your medical doctor, you will be informed as to whether or not you can take those medications before surgery.

Post-op shoes, cane or crutches will be provided at the facility.

If you have any question or develop an illness prior to surgery, please notify: Park Avenue Podiatric Care by calling 212.682.6626